

## **Information for Research Participants**

We would like to ask whether you would like to participate in the research project *Cycle Logistics in Urban Areas*, which is funded by the Swedish Transport Administration (Trafikverket).

### **What is this project about and why are you asking me to participate?**

The project *Cycle Logistics in Urban Areas* is run by the Swedish National Road and Transport Research Institute (VTI) together with Lund University. The aim is to investigate how more goods can be transported by bicycle in cities. We are examining the opportunities and challenges involved, and how this can be achieved without worsening working conditions or traffic safety.

The project therefore aims to contribute to sustainable development where bicycle-based deliveries increase without it happening at the expense of people.

You are being contacted because you work in the industry that the study focuses on. In this part of the study, we want to talk about how the work is organized, for example working hours, time pressure, breaks and recovery, and how this affects working conditions and safety.

The research principal responsible for the project is VTI. The research principal is the organization responsible for the project. The application has been approved by the Swedish Ethical Review Authority, and the reference number for the review is Dnr 2022-03770-01. All handling of personal data is carried out in accordance with GDPR and VTI's routines.

### **How does the project work?**

This sub-study is based on interviews with people who deliver goods by bicycle or moped. The interviews address topics such as working hours, schedules, breaks, time pressure, waiting times, and employment conditions. Each interview lasts about 60–90 minutes and is recorded. The recordings are then transcribed to create text material used in the research. For this purpose, we hire a professional transcriber.

The interviews will be conducted during spring 2026.

### **Participation is voluntary**

Your participation is voluntary, and you may choose to withdraw at any time. If you choose not to participate or wish to withdraw, you do not need to give a reason. If you want to withdraw, please contact one of the project's contact persons (see below).

### **Possible consequences and risks of participating in the project**

During the interview, your answers may include information considered sensitive, such as worker union membership, gender, age, or migration background. We handle your data according to the EU General Data Protection Regulation (GDPR) and ensure that no unauthorized person gains access to the material. Your employer will not be informed that you are participating.

### **What happens to my data?**

We collect your contact information for scheduling the interview, personal data such as age, gender, migration background, and your responses. The interview is recorded, transcribed, and pseudonymized, which means you receive a code instead of your name in the research process and in the article. Only two researchers (Annika Otto and Chiara Vitrano) can link the code to your identity. The code key is stored analogously in a physical logbook, locked and kept separate from the other material. All other material is stored securely on VTI's local server according to our

routines. No unauthorized person has access to your information. The data is saved for ten years according to the Swedish Archives Act.

We plan to hire a professional transcriber to write out the audio recordings from the interviews. The transcriber is bound by confidentiality, and we have a data processing agreement ensuring that audio files and text material are handled according to confidentiality requirements and GDPR.

Even though sensitive information may emerge (e.g., worker union membership), it will not be possible to link this to you in publications or research results. All data handling follows GDPR and is based on your consent.

The legal basis for processing personal data is that there is a public interest in VTI conducting research. Provided that VTI is not required by law, the data will not be disclosed to anyone outside the organizations participating in the project. Information that must be retained under the Archives Act (1990:782) or other mandatory regulations will be archived as required. Other information containing personal data will be disposed of according to VTI's disposal routines.

VTI is the data controller for the processing. According to the EU General Data Protection Regulation, you have the right to access your data processed in the project free of charge, and to have any errors corrected. You may also request deletion of your data or restriction of its processing. However, the right to deletion or restriction does not apply when the data is necessary for the ongoing research.

If you want to access your data, contact the study's contact persons and the Data Protection Officer (see contact details below).

If you are dissatisfied with how your personal data is processed, you have the right to lodge a complaint with the Swedish Authority for Privacy Protection (IMY), which is the supervisory authority.

More information about how VTI processes personal data and your rights in this context is available on VTI's website ([www.vti.se](http://www.vti.se)).

### **How will I receive information about the study's results?**

Data analysis and writing will be carried out by the doctoral student Annika Otto and the senior researcher Chiara Vitrano. The results of the sub-study will be published in a scientific article, an academic dissertation, and a popular-science final report in VTI's report series. The plan is to submit the article during 2026, but due to the time required for peer review, it is difficult to determine the exact publication date. The dissertation and final report are expected to be presented in autumn 2027. Empirical data generated from the study and direct interview quotations will be used in the intended article. The interviewees will, however, be pseudonymized. In this way, participants' integrity is protected upon publication, and it will not be possible to trace the identity of the research participants.

### **Insurance and compensation**

VTI provides insurance for research participants via Kammarkollegiet, called Special Personal Injury Protection (SPS). It is valid from the moment the person arrives at VTI or the interview location until the interview is completed, and the person has left VTI or the other interview location.

For participating in the interview, you are offered a symbolic compensation of 300 SEK in the form of a grocery store gift card. The gift card is given out at the interview without requiring the collection of additional personal data. The compensation is voluntary and does not affect your right to decline questions or withdraw from the interview.

### **Contact information**

The contact persons for the study are doctoral student Annika Otto ([annika.otto@vti.se](mailto:annika.otto@vti.se), 046-540 75 16) and senior researcher Chiara Vitrano ([chiara.vitrano@vti.se](mailto:chiara.vitrano@vti.se), 046-540 75 12), both at the Swedish National Road and Transport Research Institute (VTI), Bruksgatan 8, 222 34, Lund.

The person responsible for the project is Jens Alm, senior researcher at the Swedish National Road and Transport Research Institute, Bruksgatan 8, 222 34, Lund. He can be reached at [jens.alm@vti.se](mailto:jens.alm@vti.se) or by phone at 046-540 75 07.

Jakob Sunesson, Data Protection Officer at the Swedish National Road and Transport Research Institute (VTI), Bruksgatan 8, 222 34, Lund, can be reached at [dataskyddsbud@vti.se](mailto:dataskyddsbud@vti.se).